# Toilet Training

## ELIMINATION PATTERNS AND DAILY INTAKE RECORD

**ELIMINATION PATTERNS**

- Determine how often you will check child's diaper (every 30 minutes or choose an interval works for you)
- Take child to bathroom for a quick diaper check
- If dry, try putting child on the toilet to give opportunity to eliminate in the toilet
- Record your findings by marking an 'X' in the appropriate column.

**DAILY INTAKE**

Each day, make note of the times you child has something to eat or drink

| DATE | TIME | DRY | WET | SOILED | URINATED IN TOILET | BOWEL MVT. IN TOILET | | DATE | TIME | FOOD AND DRINK(S) CONSUMED |
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