

BLUE RIBBON

The mission of the Solon Blue Ribbon Adapted Recreation Program is to provide high-quality community-based recreation and leisure activities for persons with developmental disabilities, enabling each to enhance his or her personal potential by sharing in the emotional, social, and physical benefits fostered by such community-based activities.

Options to register: In person at the Solon Community Center, 6:00 am - 7:00 pm weekdays, 8:00 am - 5:30 pm weekends. A mail-in registration can be found at www.solonohio.org-click on Community Life (bike icon) on the home page, then "Parks & Recreation" on the left of the screen then "Blue Ribbon Programming". Online registration, once you create an account will be available mid-February and can be accessed at www.solonohio.org. Blue Ribbon programs are open to residents and non-Solon residents. For more information, contact Linda Creviston, 440-337-1427 or lcreviston@solonohio.org

In order to obtain the most up-to-date programming information, it is highly recommended to subscribe to our "Notify Me" email list(s). Just go to the www.solonohio.org website, scroll down to "Notify Me" (envelope logo) on the left of the home page, and follow the directions to subscribe to Blue Ribbon Recreation Participants and/or Blue Ribbon Recreation Volunteers. Like us at www.facebook.com/solonblueribbon.

Go to: <http://www.cuyahogabdd.org/en-US/Social-Recreational-Activities.aspx>, to access information regarding ALL recreation/social programs in the Cleveland area that provide activities for those with developmental disabilities.

Serendipity Dance~ Dance Movement Class

AGES 7 AND OVER

Hip-hop dancing is great exercise and a lot of fun. Join us for this NEW Hip-Hop class and learn some new moves. Our classes allow our participants to reach beyond what they think they can do. Our students have a blast. Come try it out!! Anyone is welcome to register. Drop in is also available.

SESSION	DAY	DATE	FEE
4	Sat	3/24 – 5/19	\$88
5	Sat	6/2 – 7/28	\$77

NO CLASS: 3/31, 7/7,7/14

TIME: 1:00 - 1:45 pm

LOCATION: Solon Community Center
Upstairs Aerobics Room

REGISTRATION: Through 3/16 and 5/25

DAILY DROP-IN FEE: \$13

LIMIT: Minimum 5 / Maximum 15

Swim Party

ALL AGES

Come on out for a party in the pool! There's a spacious pool, hot tub and water features for lots of water play/swimming in the awesome aquatic facility at the Solon Community Center. The party will then continue with a meal of pizza, salad and a cookie for dessert.

DAY	DATE	TIME
Sat	4/7	6:00 - 8:00 pm (pool) 7:30 - 8:30 pm (meal)

FEE: \$12 BONUS: \$10 on or before 3/23

LOCATION: SCC Indoor Pool

REGISTRATION: Through 4/7

LIMIT: Maximum 100

Fitness is Fun!!! NEW!!

AGES: 12 AND OVER

The goal of this class is to combine fitness with lots of fun! There will be a mixture of warm up, movement, balance and stretching experiences, all to the beat of great music. Mr. George, your instructor, is a long time volunteer and advocate for Blue Ribbon and he is a veteran exercise/fitness instructor who is employed by the Solon Senior Center and Recreation Department. Mr. George is terrific! He's full of energy and he wants to make your fitness experience full of fun, fun, fun! There will be music and interesting, exciting ways to move.....all adapted to the abilities of each participant.

SESSION	DAY	DATE
5	Wed	4/4 - 4/25
6	Wed	5/16 - 6/6

TIME: 4:30 – 5:15 pm

FEE: \$16 per session (Reduced)

DAILY DROP IN FEE: \$6

LOCATION: Solon Community Center
Meeting Rooms

REGISTRATION: Through 3/21 and 5/2

LIMIT: Minimum 6 / Maximum 12



Handmade Studio Learn. Create. Share.

(www.handmadestudio.com)

AGES 16 AND OVER

Making your own soap is good, clean fun! You can create your own handmade bars of soap and foaming soap, including your choice of amazing colors and fragrances. Your creations could be for yourself, your family or maybe a unique Mother's Day gift. Transportation is provided.

DAY	DATE	TIME	FEE
Sat	4/14	12:15 – 3:15 pm	\$38

LOCATION: Meet at Solon Community Center Lobby

REGISTRATION: Through 3/30

LIMIT: Minimum 6 / Maximum 10

Party for the Planet

Cleveland Metroparks Zoo

AGES 16 AND OVER

Celebrate Earth Day at the Cleveland Metroparks Zoo. Learn how you can help the planet, dance in our Earth Day Celebration Zone and create some Earth friendly crafts. Bring cash/credit for refreshments/souvenirs. Transportation is provided.

DAY	DATE	TIME	FEE
Sat	4/21	12:30 – 4:00 pm	\$6

LOCATION: Meet at Solon Community Center Lobby

REGISTRATION: Through 4/6

LIMIT: Minimum 6 / Maximum 10

BLUE RIBBON

The Corner Alley

(www.thecorneralley.com)

AGES 18 AND OVER

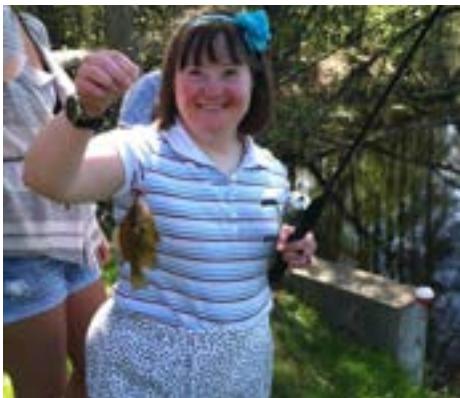
Check out the fresh, modern design and electric atmosphere of the Corner Alley at Uptown. It's the ultimate bowling experience! Bring cash/credit for arcade/food/shoe rental. Bring along your own ball and shoes if you have them. Transportation is provided.

DAY	DATE	TIME	FEE
Sat	4/29	12:00 - 4:00 pm	\$15

LOCATION: Meet at Solon Community Center Lobby

REGISTRATION: Through 4/13

LIMIT: Minimum 6 / Maximum 10



Fishing & Picnicing at Timberlake Park

AGES 15 AND OVER

Bring your fishing pole, complete with hook, line, and sinker; and we'll supply the bait. We'll fish in the pond located at Solon's beautifully secluded Timberlake Park.

Outdoor recreation specialists from the Cleveland Metroparks Institute of the Great Outdoors, will show us what fishing is really all about and will provide a limited number of fishing poles and tackle if you need it.

Also bring your appetite, because we'll provide you with a ham/turkey sandwich with sides picnic. No fishing license required.

The Ohio Department of Natural Resources has proclaimed May 5th as a Free Fishing Day. A mandatory Cleveland Metroparks waiver/liability form must be completed and signed by participants and caregivers.

DAY	DATE	TIME	FEE
Sat	5/5	2:00 - 4:00 pm	\$12

LOCATION: Aurora Rd to Pettibone, east, then north on Root Road, Bainbridge OH
REGISTRATION: Through 4/20

LIMIT: Maximum 25

Hiking with a Purpose

AGES 14 AND OVER

Have fun, hike our beautiful surrounding park system, and in the meantime, engage in the quest to find hidden caches, awaiting your discovery. We'll use hand-held GPS technology to aid in our search. The Blue Ribbon Geocachers are becoming cache finding experts and invite you to join us. www.geocaching.com. Transportation is provided.

DAY	DATE	TIME	FEE
Sat	5/12	12:30 - 2:30 pm	\$5

LOCATION: Meet at Solon Community Center Lobby

REGISTRATION: Through 4/27

LIMIT: Minimum 4 / Maximum 10

Progressive Field Tour & Winking Lizard

(mlb.com/Indians)

AGES 16 AND OVER

We will join a public tour and get the behind-the-scenes look at the home of the Cleveland Indians, followed by a meal at the Winking Lizard. Bring cash/credit for your meal and gratuity. Transportation is provided.

DAY	DATE	TIME	FEE
Sat	5/19	12:15 - 4:45 pm	\$19

LOCATION: Meet at Solon Community Center Lobby

REGISTRATION: Through 4/27

LIMIT: Minimum 6 / Maximum 10

Dunham Tavern Museum & Hot Sauce Williams

(dunhamtavern.org)

AGES 14 AND OVER

Tour the oldest building, (once a stagecoach stop) still standing on its original site in the City of Cleveland. In contrast to the cityscape that surrounds it, the museum and its gardens offer a glimpse of history into the lifestyles of early Ohio settlers and travelers. On the way home we will stop at Hot Sauce Williams barbeque restaurant for a meal. Bring \$5.00 (cash only) for admission to the museum and cash/credit for your meal and gratuity. Transportation is provided.

DAY	DATE	TIME	FEE
Sun	5/27	12:15 - 4:00 pm	\$5

LOCATION: Meet at Solon Community Center Lobby

REGISTRATION: Through 5/11

LIMIT: Minimum 6 / Maximum 10



Softball

AGES 12 AND OVER

Join the league!! You will be a member of your designated softball team for the season. Everyone plays and all abilities are welcome. All participants must bring their own mitt. All other equipment, with team shirt and cap is provided. Returning to lead the league is Tom Heines & Demetria Stanfield, from Empower Sports. Come on out and have some fun in our all-American summer pastime....Softball!! **Please state shirt size at registration.**

DAY	DATE	TIME	FEE
Sun	6/3 - 7/22	1:30 - 3:00 PM	\$35

NO SOFTBALL: 7/15

FEE: \$35 BONUS: \$30 on or before 5/11

LOCATION: Solon Community Park Fields #8 & #9 next to Parkside School

REGISTRATION: Through 5/11

LIMIT: Maximum 6 teams

Steamship William G. Mather & Coastal Taco

(greatscience.com) (coastaltacobar.com)

AGES 12 AND OVER

Join our guided tour of this restored 618-foot historic ship and see what life was like on board a working Great Lakes freighter. While downtown, we'll stop at Coastal Taco for a snack. Bring cash/credit for your snack and gratuity. Transportation is provided.

DAY	DATE	TIME	FEE
Sat	6/9	12:15 - 5:00 PM	\$12

LOCATION: Meet at the Solon Community Center Lobby

REGISTRATION: Through 5/18

LIMIT: Minimum 6 / Maximum 10

SOLON HISTORICAL SOCIETY

Mentor Lagoons Nature Preserve Walk & Picnic at Mentor Beach Park

(cityofmentor.com)

AGES 16 AND OVER

We'll picnic at Mentor Beach Park, followed by a long walk on hiking trails through a marshland, an upland forest and along the shore of Lake Erie in Ohio's newest nature preserve. Bring along your picnic lunch, complete with beverage. Transportation is provided.

DAY	DATE	TIME	FEE
Sat	6/16	12:00 – 4:15 pm	\$6

LOCATION: Meet at Solon Community Center Lobby

REGISTRATION: Through 6/1

LIMIT: Minimum 6 / Maximum 10

Picnic & Games

AGES 16 AND OVER

Join us for a summertime burger and hot dog cook-out with all the trimmings, along with volleyball and cornhole. It's a great way to spend a summer evening with friends, food and fun.

DAY DATE TIME

Fri	6/22	6:00 – 8:00 pm
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LOCATION: Solon Community Park Pavilion, 6679 SOM Center Road, Solon. There is also a driveway off Portz Parkway, Solon
FEE: \$8 BONUS \$6 on or before 6/8
LIMIT: Maximum 100

Nautica Queen Luncheon

Cruise

AGES 16 AND OVER

Enjoy a delicious luncheon buffet while experiencing the unique adventure of cruising along Cleveland's waterfront and the Cuyahoga river. Transportation will be provided.

DAY	DATE	TIME	FEE
Sat	6/30	9:30 am – 2:00 pm	\$38

LOCATION: Meet at Solon Community Center Lobby

REGISTRATION: Through 6/8

LIMIT: Minimum 8 / Maximum 10

Karaoke & Dinner

AGES 14 AND OVER

Come sing, dance and be merry. Our amazing DJ, Denise Formica, will be serving up the best music jams anywhere and we'll experience the awesome talents of our karaoke singers. A full dinner will be served at 6 pm.

DAY DATE TIME

Fri	7/6	6:00 - 9:00 pm
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LOCATION: SCC Banquet Room

FEE: \$12 BONUS: \$10 on or before 6/22

LIMIT: Maximum 150

Voyageur Canoe Paddle / Hinkley Lake

AGES 16 AND OVER

Join Cleveland Metroparks historical interpreters for an hour-long paddle in a very big canoe. This living history program gives you a chance to paddle a 34-foot canoe, sing and hear tales from fur trade characters of long ago. We'll stop for an ice cream treat on the way home. Bring along cash for your ice cream. Transportation is provided.

DAY DATE TIME FEE

Sat	7/21	12:00 – 3:30 pm	\$10
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LOCATION: Meet at Solon Community Center Lobby

REGISTRATION: Through 6/22

LIMIT: Minimum 6 / Maximum 10

Solon Home Days

ALL AGES

Current Blue Ribbon program participants and their immediate families can enjoy select rides at Solon Home Days before the event opens, followed by a hamburger and hot dog picnic meal. Wristbands must be worn to gain entrance to Home Days. A responsible adult must accompany those needing assistance/supervision.

DAY DATE TIME

Fri	7/13	3:00 - 4:00 pm Rides
		4:00 - 5:00 pm Picnic

LOCATION: Pick up your wristbands at the Picnic Pavilion directly east of Solon Home Days. Parking available in Portz Parkway parking lot.

REGISTRATION: Through 7/6

LIMIT: Minimum 30

Cleveland Lakefront Nature Preserve

AGES 16 AND OVER

Hike trails through diverse habitats including grasslands, forest, meadows, mudflats, shrublands and wetlands; while checking out prime views of Lake Erie and the Cleveland skyline. On the way home we will stop off for a refreshing smoothie (pulpjuicesmoothie.com). Bring along cash/credit for your smoothie. Transportation is provided

DAY DATE TIME FEE

Sat	7/28	1:00 – 4:00 pm	\$6
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LOCATION: Meet at Solon Community Center Lobby

REGISTRATION: Through 7/13

LIMIT: Minimum 6 / Maximum 10



SOLON HISTORICAL SOCIETY

Solon Historical Society offers free programs throughout the year. The museum is open 1 hour before each program.

DAY DATE TIME

Tues	4/17	7:00 pm
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"The Dorothy Fuldeheim Experience"

Life and experiences of this famous local lady

Tues	5/15	7:00 pm
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"Women and Children First" Titanic talk

Hear about the passengers and crew of the RMS Titanic

Tues	6/19	7:00 pm
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"Letters from the Home Front"

President Garfield and his wife share their Civil war letters

**Please note this will be held at the Solon Center for the Arts.*

Sun	8/12	Noon - 4:00 pm
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7th Annual Flea Market

For more information please visit our web page www.solonhistoricalsociety.org