

Six Essential Elements of a Person-Centered Plan

1

Respectful and Empowering

Plan language is descriptive, respectful, empowering, and uses everyday words that the person, those important to the person, and providers can easily understand. The plan avoids jargon. It creates a positive and clear picture of a unique person. It reserves the use of "I" statements for quoting the person directly.

2

Uses a Trauma-Responsive Approach

Strengths learned through life experiences are identified. The detailed plan creates an understanding of how past trauma affects a person's daily life and what support is needed for a person to feel safe and free from fear.

3

Makes Connections Throughout the Plan

Important ideas are organized and interwoven. Connections are made so it is clear that outcomes and services flow from information learned through ongoing conversations.

4

Detailed and Thorough

What is Important To and Important For the person is specific, detailed, and reflected in outcomes and services. Descriptions create a rich picture of the person. The plan goes beyond the surface and digs deeper. The plan does not ignore something that is important to the person simply because it is difficult to address. The plan creates outcomes and outlines services that align elsewhere in the plan.

5

Clear Outcomes and Experiences

A person's entire team should understand what the person wants to accomplish and what supports they need to get there. Outcomes describe something the person wants and will accomplish. Length of time it takes to accomplish an outcome may vary, but progress should be seen. Experiences align with the outcome and show a clear path to success.

6

Clear Description of Services and Supports

A clear description of services and supports will address the person's needs, achieve their outcomes, and value their choices. The plan identifies how and by whom the person wants their services provided. A description of each service should be detailed and specific. All services listed should be based on what is learned by ongoing conversations.



Department of
Developmental Disabilities

Mike DeWine, Governor
Jeff Davis, Director

November 2020