

# Supporting QIDPs: Incorporating Program Goals within the OhioISP

With the utilization of the OhioISP, ICFs are still required to have service/program goals (e.g., hygiene, money management, and self-medication administration) to work on skill development. Use the below guidance to determine if the goal is best incorporated as an outcome OR service and support.

These skill-building goals can be included as an outcome if they are:

- Something important to the person
- Something the person values and wants to accomplish
- Something to work towards- something different than how things are today that would make the person's life better
- Meaningful to the person and measurable

These skill-building goals are often better incorporated as a service and support if they are:

- Things the provider or support person is responsible for while assisting the person
- ADLs, routines, supervision, and community supports

## Example:

Previous Program Goal: Suzy will improve her range of motion and weight bearing, returning to 100% functionality.

## Incorporating program goals within an outcome:

Outcome: <i>What does the person want to accomplish and why?</i>			
Suzy wants to walk in her neighborhood each evening to enjoy time outside, visit with neighbors, and hear nature.			
Details to Know			
Suzy has always been very active and recently had a knee replacement which has limited her ability to be active and outdoors.			
Experiences: <i>In order to accomplish the outcome, what experiences does the person need to have?</i>			
What needs to happen	How it should happen	Who is responsible	When/How often
Suzy will complete her range of motion exercises.	With verbal encouragement from staff, each morning following breakfast Suzy will complete a minimum of 3 of her 5 range of motion exercises with 75% success.	ABC ICF	Daily/ 1x
Suzy will pick up the newspaper from the administration building.	With verbal encouragement, Suzy will walk to the administration building a minimum of 4 of the 6 days the newspaper is delivered with 75% success.	ABC ICF	Daily/1x

## Incorporating program goals as a service and support:

Assessment area	Funding source	Service name	Scope of service/What support looks like	How often	How Much
Healthy Living	ICF	Intermediate Care Facility	With verbal prompting, Suzy will complete her range of motion and walking exercises with 75% success rate until she is able to return to 100% function of her left leg.	Daily	Completion of 3 of her 5 exercises



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