



PEERS[®] Social Skills Group for Young Adults

A Program for the Education and Enrichment of Relational Skills

Ages: 18 - 25

Young adults will learn about:

- Developing and maintaining friendships
- Conversational skills
- Entering and exiting conversations
- Appropriate use of humor
- Electronic communication
- Dating Skills
- Organizing get-togethers
- Handling direct and indirect bullying
- Handling disagreements
- Handling peer pressure

PEERS for Young Adults is an evidence-based social skills intervention for motivated young adults who are interested in making and keeping friends and/or developing dating relationships. Young adults and social coaches (a parent or other caregiver) attend 16-weekly group sessions for 90 minutes per week.

Young adults are taught social skills through didactic lessons and role-play demonstrations, and practice these skills during group socialization activities. Social coaches will also be taught how to assist young adults in making and keeping friends and/or dating, which will take place within the 90 minute time frame.

NEXT SESSION BEGINS FEBRUARY 2023.

If you are interested in participating in this program, scan the QR code or visit <https://redcap.ccf.org/redcap/surveys/> and use code **JMKHWPFN4**

