I NEED TO TELL SOMEONE IF I HAVE...

A FEVER
A RUNNY NOSE
A SORE THROAT OR COUGH
A HARD TIME BREATHING

IF I FEEL SICK, I SHOULD...

- Stay home.
- Call my doctor before going to see them.
- Cover my mouth and nose with a tissue when I cough or sneeze, then throw my used tissue in a garbage can.
- Wash my hands often with soap and water. Sing the “Happy Birthday” song twice as I wash. When I am done singing, I can turn off the water and dry my hands.
- Keep personal items to myself.

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