



Guiding Questions for Respite Care

Although all respite care for individuals with developmental disabilities have guidelines, they may vary from location or program. Use the following questions to guide discussions with potential respite care providers that you are interested in in order to better prepare the autistic individual and their supporting team to choose a provider and work collaboratively with them to ensure long-term success.

Provider: _____

County: _____

Phone: _____

Hours: _____

Email: _____

Website: _____

Address: _____

Specific Contact/Title: _____

Questions	Answers, Related Resources, Suggestions
1. How are care providers screened?	
2. What autism specific training have care providers received? Will care providers need additional training to meet specific needs of my family?	

<p>3. What is the hourly rate? Is there any financial assistance available? Are you a County Board provider? If so, do you accept waivers or family service dollars? Do you accept Medicaid? What is the billing procedure?</p>	
<p>4. What is the intake process?</p>	
<p>5. Are you an independent provider or through an agency? If you are with an agency, do you provide back-up coverage?</p>	
<p>6. Are families limited to a certain number of hours of services?</p>	
<p>7. What procedures do you have for emergencies?</p>	

8. What procedures do you have for challenging behaviors?	
9. If my child follows a daily schedule, will you also follow that schedule?	
10. What kind of organized activities are provided during respite?	
11. What is the procedure for problem solving between the family and respite provider?	
12. Are you medication pass certified?	

13. What is your policy on the use of restraints?	
14. Out of home providers: Do you provide transportation and meals?	
15. Out of home residential providers: What are the living arrangements?	