



Guiding Questions for a Psychiatrist

Although all psychologists and psychiatrists for individuals with developmental disabilities have guidelines, they may vary from location or individual provider. Use the following questions to guide discussions with psychologists and psychiatrists that you are interested in in order to better prepare the autistic individual and their supporting team to choose a provider and work collaboratively with them to ensure long-term success.

Agency: _____

County: _____

Phone: _____

Hours: _____

Email: _____

Website: _____

Address: _____

Specific Contact/Title: _____

Questions	Answers, Related Resources, Suggestions
1. What is the intake process?	
2. What type of insurance do you accept? Do you offer a sliding fee scale? Do you accept Medicaid?	

<p>3. Do you have specific training working with autistic children or adults?</p>	
<p>4. Do you currently have a waiting list? If so, how long is it?</p>	
<p>5. What is your treatment approach?</p> <p>What is your view on medication?</p>	
<p>6. Can we have a consultation prior to the first appointment?</p> <p>Is there a fee for the consultation?</p>	

7. What is your approach to working with a child or adult who is non-verbal?	
8. How do you share information with families?	
9. If you recommend an inpatient setting for my child, will you follow him/her?	