Summer Session 2: Monday, July 22<sup>nd</sup> – Saturday, August 31<sup>st</sup> Registration Deadline: Friday, July 12, 2019

The Quantum LEAP Recreation Program offers opportunities for socialization, recreation, and athletic activities to people with developmental disabilities. Participants must be at least 18 years of age, reside in Cuyahoga County, and be eligible to receive services from the Cuyahoga County Board of Developmental Disabilities.

Quantum LEAP offers year-round activities in the evenings and on weekends. These activities are specifically designed or adapted for persons with disabilities. Sessions are typically six weeks long and change throughout the year.

To register for these activities, please complete the July – August 2019 Session Registration and return to LEAP or register online at <a href="http://www.leapinfo.org/events">http://www.leapinfo.org/events</a> A 2019 Annual Registration is also required to be on file with LEAP for participation.

#### Walking Club

**Date:** Mondays, July 22<sup>nd</sup> – August 26<sup>th</sup> **Time:** 6:00pm – 7:00pm

**Description:** Walking is proven to be one of the best forms of exercise. As a safe and low impact activity, walking improves cardiovascular health, strengthens bones, and can even boost your mood. Summer Session 2 of Walking Club meet at Highland Picnic Shelter at Euclid Creek Reservation. Come stretch your legs and get some exercise!

Limit: N/A

Number of Sessions: 6

Cost: \$11.00

Location: Highland Picnic Shelter – located off Euclid Creek Parkway, next to the basketball

courts

Address: Euclid Creek Reservation, Euclid, OH 44123

#### Golf

**Date:** Tuesdays, July 23<sup>rd</sup> – August 27<sup>th</sup> **Time:** 6:00pm – 8:00pm

Description: Its tee time! Learn the game of golf this summer. We will learn on the driving

range, with the possibility of going on the golf course and playing several holes.

Limit: 20 participants Number of Sessions: 6

Cost: \$42.00

**Location:** Washington Golf Learning Center

Address: 3841 Washington Park Blvd, Newburgh Heights, OH 44105

#### **Bocce Ball**

**Date:** Wednesdays, July 24<sup>th</sup> – August 28<sup>th</sup> **Time:** 6:00pm – 7:30pm – **No activity August 14<sup>th</sup> Description:** Join us at Cleveland's Alta House in Little Italy for several games of Bocce Ball. We teach how the game is played, for beginners and those who have been playing for a long time.

**Limit:** 30 participants

Number of Sessions: 5 - No activity August 14th

**Cost:** \$16.00

Location: Cleveland Alta House, Little Italy

Address: 12510 Mayfield Rd, Cleveland, OH 44106





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### Adaptive Softball

**Date:** Thursdays, July 25<sup>th</sup> – August 29<sup>th</sup> **Time:** 6:00pm – 7:30pm

**Description:** Join the team, have a ball, and swing away into the summer fun! Enjoy this summer pastime with the Quantum LEAPers. We will provide the equipment. Please bring a

baseball mitt if you have one (write your name on it).

Limit: 40 participants Number of Sessions: 6

**Cost:** \$32.00

Location: Parkview Softball Green Field

Address: 425 N. Commons Blvd, Mayfield, OH 44143

### Movie Night

Date: Friday, August 9th Time: 6:00pm

**Description:** From silent films to drive-ins to modern day Blockbusters, movies are a keystone of American culture. During Movie Night, we'll show a film on a drop-down screen at Mayfield Village Civic Center, in their theatre room. Come enjoy a classic night of entertainment,

popcorn, and good company. Movie starts at 6:15pm.

Popcorn and water will be provided.

Limit: 75 participants Number of Sessions: 1

Cost: \$5.00

**Location:** Mayfield Village Civic Center

Address: 6622 Wilson Mills Rd, Mayfield Village, OH 44143

### Canoe / Kayak

**Date:** Saturday, August 10<sup>th</sup> **Time:** 10:00am – 11:00am

**Description:** Mayfield Village Parks and Recreation Department is offering a chance for us to learn how to canoe / kayak. This event takes place at the Parkview Pool and is a basic course in fun, learning how to operate a canoe / kayak. We will be in the safety of shallow waters, there will be extra lifeguards in the water, and all participating will wear a life vest and a safety helmet. We encourage all to come out and watch!

Limit: 10 participants

Number of Sessions: 1

**Cost:** \$3.00

**Location:** Parkview Pool

Address: 425 N. Commons Blvd, Mayfield Village, OH 44143





Linking Employment, Abilities and Potential 2545 Lorain Ave, Cleveland, OH 44113 216.696.2716 www.leapinfo.org

Activity/event cancelation line: 216.456.0840



Summer Session 2: Monday, July 22<sup>nd</sup> – Saturday, August 31<sup>st</sup> Registration Deadline: Friday, July 12, 2019

### Blue Ribbon Swim Party

**Date:** Saturday, August 10<sup>th</sup> **Time:** 3:00pm – 4:30pm (pool), 4:30pm – 5:00pm (food served) **Description**: Join us for a late summer celebration by swimming, splashing, and enjoying pizza. Bring your suit and towel for an afternoon of fun while cooling off in the pool. If inclement weather occurs, we will be in the indoor pool.

Limit: 75 participants Number of Sessions: 1

**Cost:** \$10.00

**Location:** Solon Community Center – Outdoor Pool (indoor pool if inclement weather)

Address: 35000 Portz Pkwy, Solon, OH 44139

#### **Outdoor Living Skills Overnight Campout**

**Date:** Friday, August 16<sup>th</sup> – Saturday, August 17<sup>th</sup> **Time:** 6:00pm Friday – 11:00am Saturday **Description:** Cleveland Metroparks Outdoor Recreation is proud to offer this special overnight campout, which is designed to teach you basic Outdoor Living Skills including Leave No Trace, setting up a campsite, building a fire, and more. Enjoy the simple life by camping under the stars at beautiful South Chagrin Reservation and roasting marshmallows over a campfire. We will cook dinner over the fire on Friday, roast marshmallows Friday night and enjoy breakfast Saturday morning. Dress in layers and be prepared for the weather. Parent(s) or caregivers MUST attend the campout and will need to provide their own camping equipment.

## Accommodations must be made known upon signup!

Limit: 11 participants Number of Sessions: 1

Cost: \$55.00

**Location:** Look About Lodge – <u>please call prior for directions</u>

Address: 37374 Miles Rd, Bentleyville, OH 44022







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Talent Showcase

Date: Saturday, August 24th Time: 2:00pm

**Description:** Quantum LEAP and Mayfield Village Recreation are hosting a talent and creativity showcase. Come out and watch your fellow Quantum LEAPers show off their talents!

Stick around for **Family Fun & Food Trucks**. This includes activities, food, games and entertainment throughout the evening. Food will be available for purchase.

Limit: N/A

Number of Sessions: 1

Cost: Free

**Location:** Mayfield Village Grove Amphitheatre – To the left of Parkview Pool

Address: 425 N. Commons Blvd, Mayfield Village, OH 44143



To access forms and calendars, please visit: <a href="http://www.leapinfo.org/programsservices/recreation">http://www.leapinfo.org/programsservices/recreation</a>

\* We are now taking online registrations at: <a href="http://www.leapinfo.org/events">http://www.leapinfo.org/events</a> \*

## **Important Information**

For updates on cancelations of Quantum LEAP events or activities due to weather, or any unforeseen circumstances, please call **216-456-0840**. This line will be updated for cancelations only, 2 hours prior to the start of an event or activity.

For all activities, an aid or assistant (which can be a parent, guardian or caregiver) **MUST BE PRESENT** for assistance. Please contact Jayme or Gary with any accommodation questions.

### For questions or concerns, contact

Gary Edler at 216-696-2716 ext. 822
Jayme Jirousek at 216-696-2716 ext. 824
gedler@leapinfo.org or jjirousek@leapinfo.org

After hours: 216-287-9641





