

Swimming Fun for Kids with Disabilities



LifeCenter plus

5133 Darrow Road • Hudson, Ohio 44236
www.lifecenterplus.com

***Come to an informational meeting
At LifeCenter Plus***

Date: _____

Time: _____

Place: _____

Session Information

Session: _____

Date: _____

Time: _____

Code: 3126- _____

S P L A S H

Swim
Persevere
Learn
Achieve
Socialize
Have Fun!



Elizabeth (Beth) Lattime
S.P.L.A.S.H. Director

Beth has been with LifeCenter Plus for eighteen years as a water safety instructor and lifeguard and is now the Director/Creator of The S.P.L.A.S.H. program. Beth has a Master's Degree in Special Education from Kent State University. She has taught swimmers of all ages, both with and without special needs. Some of her students with disabilities have included those with hearing impairments, Autism, Cerebral Palsy, language delays and mental retardation.

Beth believes, "Often people with disabilities are misunderstood and underestimated for talents that often go unnoticed. Just because someone has a disability, does not mean they cannot use their strengths to find enjoyment in sports such as swimming."

Swimming Fun for Kids with Disabilities

Swim, Persevere, Learn, Achieve, Socialize, Have Fun!

Our SPLASH swim lessons are for children and teens with mental and physical disabilities. Each session of SPLASH includes an initial assessment of your child. Lessons are tailored based upon each participant's behavior temperament, age, swim ability, and disability parameters. Data is collected after each lesson with IEP goals considered as well as goals set to reach the greatest success in the sport of swimming.

Learn more about SPLASH by contacting Beth at 330-655-2377 #156

WINTER SPLASH SESSION GROUP LESSONS

Group swim lessons will be offered on Sundays between 2 - 6 P.M. Session will begin February 1st and last until March 8th. Parent Information Meeting will be held on Wednesday, January 7th 6:30 - 8 PM. Instructor at that meeting will schedule assessment meetings.

SIX WEEK SESSIONS OF 1/2 HOUR LESSONS

\$75 for Members \$90 for Non-Members

NEW!! PRIVATE SPLASH SWIM LESSONS

Private adaptive swim lessons are now being offered along with our adaptive group lesson program. Assessments will be scheduled and data will be collected.

FOUR WEEK SESSIONS OF 1/2 HOUR LESSONS

Session I	Sundays	Jan 4 - Jan 25	12 - 3 P.M.
Session II	Wednesdays	Feb 11 - March 4	6 - 8 P.M.

\$110 for Members \$125 for Non-Members

NEW!! PRE-SCHOOL KINDER SPLASH

Looking for weekday morning options for your kids?

SPLASH AGES 5 & UNDER

TUESDAYS 9 - 11 A.M.

\$48 for Members \$62 for Non-Members

FOUR-WEEK SESSIONS OF PARENT ASSISTED 1/2 HOUR LESSONS

PARENT INFORMATION MEETING:

WEDNESDAY DECEMBER 10th 6:30-8 P.M.

Session I 1/6 - 1/27

Session II 2/10 - 3/3